



Understanding  
Ourselves

Grade Three

# Teamwork, Dream Work



## Achieving Our Goals in Life

This SuperUnit is a structured inquiry into helping the learner understand themselves. Learners will establish and achieve personal goals in their life. Learners will be empowered to independently give direction to their life. Learners will develop their ability to do reflective thinking.

# Goals are accomplished through



## Highlights of Learning Experiences

SuperUnit Launch: Team challenge; Students choose teammates; Students reflect upon teamwork/success

Field Trips: The A/O practice; Saigon Heat

Guest Speakers: HS Volleyball Team; MS/HS Band

Project: Becoming a highly effective team through goal setting and reflection practices.

Core Values

**Academic Excellence:** *I can work as a team, problem solve, think about problems in many ways, and be responsible for my own learning.*

**Sense of Self:** *I can understand my strengths and use them to help my team, contribute to my classroom community, and do the right thing.*

**Respect for All:** *I can show appreciation for my classmates' diversity and learn from people who are different than me.*

**Balance in Life:** *I can be responsible for myself, my team, and my family life.*

SuperUnit Celebration: Showcasing their teamwork skills in front of peers; AO show



## Focus on Learning by Subject

Science: **Forces and Interactions.** Students will use plan and carry out their own scientific investigations to understand the physical world around them.

Social Studies: **Culture, Society and Identity.** Students will explore different ways in which teams have been formed to express culture and benefit society.

English: **Building a Reading Life, Independent Reading, Informational Text, Launching Reading and Writing Workshop.**

Math: **Numbers and Operations in Base Ten, Operations and Algebraic Thinking.**

Art: **Collaborative Paint Pendulum Art.**

Drama: **Team Improvisation Plays.**

PE: **Team Games and Reflections.**

Music: **Making music in ensembles.**

# effective interactions with others.



## Questions to Ask your Child

- How do you set a goal for yourself?
- What are some of the strengths you bring to your team?
- What have you learned about making effective teams?
- What have been some challenges while working with your team to complete the team challenges?
- How have your reflections helped your team be successful on the next challenge?



## Home Learning

- Make a Rube Goldberg machine as a family to accomplish a goal.
- Plan a scientific investigation to answer your questions about the world.
- Join a team outside of school such as: soccer, dance, drama, or music.
- Create an informational book about your family.
- Develop a nightly reading routine at home as a family.
- Make a physical or digital scrapbook using photos of you and your family engaging in teamwork.



## Suggested Home Extensions

- If there is a situation at home wherein your child desires something (a playdate, for example), then ask them how they can set a goal for themselves to finish their responsibilities before they go on their playdate.
- Work with your child to set a home academic goal to be met by the end of this unit.
- Work with your child to set a home personal goal to be met by the end of this unit.



## Key Vocabulary

collaborate, goal, achieve, accomplish, appreciate, effective, interaction, improve, reflect, diversity, responsibility, force, motion, pattern, predict, cause, effect



SuperUnit Launch: Week of August 14

Field Trips:

- AO show practice. Week of August 28
- Pro Basketball practice. Week of September 11

Guest Speaker: Pro Basketball Player

Guest Speakers: MS/HS  
athletes and musicians

SuperUnit Celebration: Week of October 2



SAIGON SOUTH INTERNATIONAL SCHOOL

78 Nguyen Duc Canh, Tan Phong Ward, District 7, Ho Chi Minh City, Vietnam  
T: (84-28) 5 413 0901 - F: (84-28) 5 413 0902 - E: info@ssis.edu.vn - W: www.ssis.edu.vn