



Understanding  
Ourselves

## Kindergarten Community Life



### **Achieving Our Goals in Life**

This SuperUnit is a structured inquiry into helping the learner understand themselves. Learners will establish and achieve personal goals in their life. Learners will be empowered to independently give direction to their life. Learners will develop their ability to do reflective thinking.

# People's relationships with others and the



## Highlights of Learning Experiences

**Super Unit Launch:** Teachers will invite parents into 'play' with their children. Students will share their special places, likes, dislikes, interests, and learning environment.

**Field Trip:** Family Medical Centre- understanding our bodies, how we look after ourselves and how we keep safe.

Dentist- learning about oral hygiene and healthy foods.

**Guest Speakers:** Parent Volunteers invited in to share experiences of well-being and being part of a community.

**Project:** Students will be creating paper and electronic portfolios to demonstrate how we can thrive in our communities.

### Core Values

Academic Excellence: I am developing my understanding about the groups and communities I belong to.

Sense of Self: I can understand my strengths and use them to develop new ideas and to contribute to communities.

Respect for All: I respond to diversity with respect and kindness.

Balance in Life: I can learn in many ways and many environments.

Dedicated Service: I can show appreciation of nature and show respect of different environments.

**SuperUnit Celebration:** Students will invite parents in to come and play with them. Students will share their portfolios and celebrate their learning.



## Focus on Learning by Area

### Physical Development and Motor skills

- Community and safety games
- Developing fine and gross motor skills throughout a range of activities

### Social and Emotional Development

- Identifying emotions and feelings
- Showing respect for all
- Becoming part of a community

### Approaches to Play and Learning

- Students will explore their interests and strengths, set learning goals, develop independence
- Become familiar with the materials in their environment and how to use them safely.

### Communication, Language and Literacy

- Students will understand that English is one of many languages spoken at SSIS. Different languages may be spoken by family, classmates and other communities.
- Students explore how language is used differently at school, depending on the relationships between people.

### Cognitive Development and General Knowledge

- Food for a healthy body and learning about body parts
- Safety practices in the classroom
- Count, name and sort objects up to 20

environment have an impact on wellbeing.



## Questions to Ask your Child

1. How do I make good choices?
2. How are relationships made?
3. How do I nurture relationships?
4. Why are relationships important?
5. What makes a community?



## Home Learning

1. Encourage your child to develop interests at home.
2. Encourage your child to become a risk-taker.
3. Encourage your child to try new experiences (Yoga, sports clubs, swimming, crafts).
4. Discuss your own personal interests with your child, and how you interact with your community.
5. Discuss with your child what the phrase “balance in life” means.



## Suggested Home Extensions

1. Discuss what the words “community” and “extended family” mean to you and your children.
2. Encourage family activities and community building exercises with your child. For example have them plan a party, cook with you, or have a family movie night.
3. Encourage family time outdoors. For example, a ropes course, splash pad, park play or library.



## Key Vocabulary

number  
count  
community  
compare  
relationships

friendships  
family  
outdoor  
nature  
body

feelings  
emotions  
health  
interests  
safety



SuperUnit Launch: SSIS Kindergarten Pod  
August 18th, 2017

Field Trip: Family Medical Center,  
September

Field Trip: Giant  
supermarket - September

Guest Speaker: Thu Nguyen, nurse  
Week of August 21st

Guest Speakers: Dentist  
October

SuperUnit Celebration: October 6th, 2017



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